

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 14:20
Heat: 2/24 Lane : 2 Athlete: COCHET LANTE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 14:25
Heat: 3/24 Lane : 2 Athlete: DE LAAT ELENA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:21.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 14:25
Heat: 3/24 Lane : 5 Athlete: ABAS NOUR					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 14:25
Heat: 3/24 Lane : 9 Athlete: VAN HAM MARIE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:15, starttime: 15:10
Heat: 15/24 Lane : 0 Athlete: JANSEN NINA					Q-time: 02:57:10
PB (50m pool): 02:58.43 Genk 01/02/2026 PB (25m pool): 02:48.44 SB: 02:58.43 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:26.31	no time	02:58.43	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:16, starttime: 15:15
Heat: 16/24 Lane : 3 Athlete: LODEWIJKS FLOOR					Q-time: 02:53:19
PB (50m pool): no time PB (25m pool): 02:53.19 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:16, starttime: 15:15
Heat: 16/24 Lane : 5 Athlete: MICHIELS ANS					Q-time: 02:52:92
PB (50m pool): 03:00.81 Antwerpen 13/07/2025 PB (25m pool): 02:48.81 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.57	01:21.52	02:18.04	03:00.81	
	00:36.57	00:44.95	00:56.52	00:42.77	
					

Coach feedback:

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Event number: 17: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:20	
Heat: 4/10 Lane : 4 Athlete: KAMAGATE TAMSI							Q-time: 05:07:19	
PB (50m pool): no time			PB (25m pool): 05:07.19 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:20	
Heat: 4/10 Lane : 7 Athlete: JANSSEN LANDER							Q-time: 05:09:81	
PB (50m pool): no time			PB (25m pool): 05:44.09 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:6, starttime: 16:35	
Heat: 6/10 Lane : 4 Athlete: MANNAERTS MATHIAS							Q-time: 04:51:52	
PB (50m pool): 05:04.63 Genk 01/02/2026			PB (25m pool): 04:51.52 SB: 05:04.63 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.36	01:13.07	01:52.33	02:31.68	03:11.13	03:50.13	04:28.38	05:04.63
	00:34.36	00:38.71	00:39.26	00:39.35	00:39.45	00:39.00	00:38.25	00:36.25
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:8, starttime: 16:45	
Heat: 8/10 Lane : 3 Athlete: GERITS TUUR							Q-time: 04:35:69	
PB (50m pool): 04:46.36 Genk 01/02/2026			PB (25m pool): 04:35.69SB: 04:46.36 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.22	01:07.93	01:44.81	02:22.00	02:59.07	03:36.26	04:13.98	04:46.36
	00:32.22	00:35.71	00:36.88	00:37.19	00:37.07	00:37.19	00:37.72	00:32.38
								

Coach feedback: